



American Twisters 2020-2021 Competition Season Packet (For all Xcel Levels and Levels 6-10)

Dear Parents and Athletes,

The staff and coaches of American Twisters are very proud of how hard all of the girls have been working and are very excited about the upcoming competitive season. We are also continuing to “Go Green” with the administration of team paperwork. We have compiled a team email list, so please look for important team notices in your email inbox and on the team bulletin boards. We will frequently be directing you to our website www.americantwisters.com where you can download important forms, along with finding other interesting team information. As you read through this document, please print out and return the forms that pertain to your child’s particular level.

Due to the continued growth of the entire Twister girls team program we have been able to maintain a low overall cost of competing, as we are able to spread the budget out over all of our team members. The fees and information in this packet pertain specifically to competitions. Competitive fees are separate from your monthly tuition payments, which are dedicated solely to the expenses associated with the training of the athletes in the gym.

The attached **2020-2021 Competition Season Packet** contains the following

- 1. Selection of Meets**
- 2. Explanation of Fees, Tuition vs. Competition Fees**
- 3. Fundraising, Travel Meets, Misc. Team Items**
- 4. Level Designation Deadlines**
- 5. 10-Day Rule**
- 6. Competition Schedule: Levels Xcel Bronze, Silver, Gold, Platinum and Diamond**
- 7. Competition Schedule: Level 6**
- 8. Competition Schedule: Level 7**
- 9. Competition Schedule: Level 8**
- 10. Competition Schedule: Level 9**
- 11. Competition Schedule: Level 10**

Thank you for your support of the program and for the privilege of working with such wonderful athletes!

Sincerely,

The American Twisters Gymnastics Organization

Selection of Meets

As you review the attached meet schedules, you may ask yourself the questions, “Which meets should my child attend?” or “How many meets should my child attend?” We have answered these questions for you. The competition schedule has been set up to space out the competitions and to provide our athletes with meet experiences to prepare them for their state championships. At the optional competitive levels, it is important that an athlete participate in a minimum of five competitive meets prior to “peaking” at the State, Regional, or National competitions. There are 3 things we do when designing a competitive meet schedule:

1. There must be a deadline competition. This serves as a deadline for athletes to be in shape and able to perform their competitive skills. Without this, it is too easy for both the coach and the athlete to continue to say, “We aren't ready yet!” and continue to delay their first competition all the way up to the State meet. This “deadline meet” for all of our optional levels this season is Saturday, December 19, 2020.
2. There should be multiple competitions where the girls “get out the bugs” and in some cases, try new skills. At these meets, our athletes will have the opportunity to “learn to compete.” Two to three weeks prior to the State Championships there should be a final “tune up” competition to prepare for the State Championships.
3. The girls should have the opportunity to participate in a “special competition.” A meet above and beyond a normal “in the gym” competition. For example, the Presidential Classic at Disney’s Wide World of Sports is one of the largest and most prestigious gymnastics meets in the country. Here your child will not only have the opportunity to compete at Disney World, but they will also have the opportunity to watch some of the best gymnasts in the country and compete against girls from over 25 different states and several foreign countries in an amazing venue and an exciting atmosphere.

On the enclosed meets schedules, many of the dates are listed as Friday-Sunday. Please realize that most of these meets actually run on Friday, Saturday and Sundays, with various levels competing on different days. Your daughter will only compete in **one** session on **one** day, but many times we do not know that specific day until 1 or 2 weeks prior to the meet.

Entries into most meets are usually due 8 to 12 weeks prior to the actual competition. Entry deadlines vary based on the meet host and the popularity of some meets that “fill up” 5 or 6 months in advance. Once the meet director receives our check and entries (we must send one club check since meet hosts **do not** accept individual personal checks), gymnasts are then assigned their specific competition day and time. We are completely at the mercy of the meet host, AND they can assign any level to any day or time slot. Usually (75% of the time), Optional level gymnasts compete on Saturdays and Xcel level gymnasts compete on Sundays. However, any level can be assigned any weekend day. Large invitational meets along with State, Regional and National Championships will usually begin competitions on a Friday.

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered into ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to withdraw (“opt out”) from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once our entry check is sent, we must wait to be notified of our assigned days and times that we will compete. This notification usually occurs 7-10 days prior to the competition and will be immediately passed along via email to all the Twister participants.

Explanation of Fees

Twister Annual Registration Fee

Twister Gymnastics assesses an annual registration fee of:

- \$165 for L1-5 and Xcel Bronze & Silver gymnasts,
- \$200 for L6-10 and Xcel Gold, Platinum and Diamond gymnasts.

This fee covers:

- Team insurance fees,
- Coaches registration, education, and certification,
- Team equipment replacement/refurbishment fund that is used specifically for the team and upgrading equipment to meet competitive standards.

The Team Twister Registration fee is due annually on 9/16/20 for all Optional & Xcel Levels.

General Competition Fund:

The General Competition Fund fee is:

- \$95 from each compulsory and XB & XS athlete,
- \$115 from each level 6/7 and XG/XP/XD athlete,
- \$155 from each level 8-10

This fund benefits everyone by spreading out the administrative costs across the whole team for:

- Entering athletes into the meets by filling out approximately 150 competitive entry forms for each of the competitions we enter,
- Collection and accounting of competitive expenses and fees,
- Making coaches travel arrangements.

Additionally, this fund helps defray the costs for the highest-level gymnasts that have qualified for regional and national level competitions. Instead of “burying” these fees somewhere, we prefer to disclose how these fees may be used. Usually, due to the very stiff competition and the limited number of spots, fewer girls qualify for the Regional and National Championships. This means the cost of attending these events are spread out among few families. These meets are then eligible for subsidy and funding from the General Competition Fund. This means that when your child reaches these levels, and qualifies to her regional and national championships, there will be funds to help support her travel to these prestigious events.

The following meets are eligible to receive subsidy from “The Fund”:

- Regional Championships for Level 6/7/8/9/10 & Xcel
- National Championships for Levels 9/10

The General Fund Contribution will be charged to all Team Families on November 11, 2020.

Tuition vs. Competition Fees

Please be aware of the important difference between tuition and competition fees/expenses. Monthly *tuition* is paid to American Twisters and this revenue is used to pay expenses associated with *your gymnast's daily training*. *Competition fees/expenses* are used to pay expenses associated with *competing* (meet entry fees, coaches' traveling expenses, etc.). Competition fees are divided into two categories **Coaches Fees & Entry fees**.

Coaches Fees:

Our annual competition budget is over \$100,000 and our goal is to break even. The coaches' fees are different for each competition and level, and are based upon the projected coaching costs associated with each competition. These fees covers coaching expenses such as travel, food, lodging, coaching compensation, in addition to covering the coaches' classes & team assignments when they are away attending other meets.

Entry Fees:

Entry fees for competitions vary from \$55-\$175 per meet. The level of competition, the location and the nature of the competition (invitational, state championship, regional & national competition) are all factors in the hosts setting their entry fee. (Entry fees are set by meet hosts, not by Twisters). All entry fees are collected by Twisters in a "lump sum" and remitted to the competition host a minimum of 6 weeks in advance in order to ensure that our team secures a space in the meet. Entry fees, once collected by the meet host, are not pro-rated or refunded for missed competitions.

Fundraising: Help Defray your Competition Fees!!

Twisters' offers a variety of options to help you pay for your competition fees for the upcoming season. Participation in these activities are completely optional to team parents.

In early November, there will be a fundraising meeting for all families interested in raising money to subsidize their personal competition fees. We will notify all team parents of this meeting date along with further information to be posted on our team website, parents team bulletin board and via email.

Below are various ways you can subsidize your daughter's personal competition fees:

1. Sign-up a business, friends or relatives to advertise in the USAC competition program: The USAC hosted competitions valuable exposure to consumers in South Florida.
2. Sign-up a business, friends or relatives to purchase a banner in the Twister Gym: Twister's banner fundraising program gives business exposure to over 1,500 families that come to Twisters each week.
3. Sign-up a business, friends or relatives to become a sponsor of a USA Competitions event: USA Competitions offers lucrative, cost-effective marketing opportunities for its corporate sponsors.
4. Have a business, friends or relatives Purchase a good luck ad for your daughter in the USA Competitions program: Grandparents and relatives usually like to show their support in this way and often buy an ad that includes a picture of the athlete.

****In all cases a large percentage of the advertising fee goes directly to your personal meet fees account.**

Traveling to Competitions:

In traveling to all competitions, the parents are responsible for booking all travel arrangements for their athlete and family, such as airfares, rental cars, and hotels. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site on the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Parents are encouraged to “Parent Pool” to reduce the costs of these types of trips. An itinerary of the coaches travel arrangements, hotel accommodations along with the team’s competition day/time/session will be provided to the athlete and parents. The attending coaches may also offer some “team” sightseeing events or other activities for the gymnasts while there.

Like all other Twister competitions, parents will have the option to “opt out” of any or all of these “travel” competitions. At the annual parents meeting the coaching staff will explain which of the meets this season are “team travel” events. There will also be an estimated cost for each of these trips so the parents can see the expectant costs prior to making a commitment to participate. Most of these type of meets are large invitationals in major cities that are designated Nastia Cup Qualifiers.

NOTE: All of the “team travel” flying meets will have an entry fee deadline that could be due as much as 4 or 5 months prior to the competition in order to be guaranteed a spot in that meet. The coaches’ expenses (airfare, meals, hotel, rental car, parking, etc.) will be calculated upon return and divided by the number of participants, to be billed within 10 days after the competition.

Stand Alone Meets:

For all of the “team travel” meets along with Regional and National Championship meets, you will see that they do not have costs associated with them at this time and are labeled “Stand Alone”. The costs of these competitions cannot be calculated until AFTER the competition. We could have 15 National qualifiers (having the necessity of having 3 coaches attend) or we could have 3 (which can be handled by 1 coach)! A “team travel” meet to Boston could have 12 girls sign up for it or possibly just 5.

Since all meets have factored into them the cost of coaches’ meals, travel, hotel, etc. Having a trip cost divided by 5 girls or 17 girls attending will obviously make a big difference to each individual. This is why the meet schedule indicates the cost of all local (in state) meets when almost the entire full squad competes, but no projected cost for the “Stand Alone” meets, which involve out of state travel and an unknown number of participants or qualifiers that may be attending the meet.

Annual Parent Meetings:

The annual preseason parents meeting will be held via Zoom on Saturday, October 3, 2020. The respective head coaches (Christy and Cindy) and team coordinator (Gary) will conduct the meetings to go over this packet and will answer any questions you may have about the upcoming competitive season. The meetings will be held at the following times:

- **Level 10's: from 3:30 – 4:30**
- **Levels 6 - 9: from 5:00 – 6:00**
- **All Xcel Levels: from 4:30-5:30**

Competitive Level Designation Deadlines:

Optionals & Xcels -- To allow the girls the maximum amount of time to develop the skills necessary at her next highest competitive level, we do not designate competitive levels until AFTER the December In House Meet. In the fall training, the coaches will be conducting monthly Physical Ability testing along with extensive skill testing (verifications) to assess each girl's competitive level for the 2020-2021 season. Parents will receive written "reports" on each of the PA tests and skill verifications.

10 Day Rule!

Parents please be aware of the American Twisters 10-day competitive meet rule. This rule is in place for the safety of YOUR child!

All gymnasts must show "meet readiness" starting 10 days prior to EACH meet. This includes:

- Their ability to get through competitive routines on the events they are expecting to compete;
- Showing consistency performing ALL the skills within their routines that they intend to use,
- Accomplishing all skills safely without the fear of a potential injury,
- Attending all practices leading up to the competition from this 10-day preparation point.

"Meet readiness" is determined by each Head Coach based on the above criteria each day of training for the 10 days prior to a competition. The Head Coach, WILL NOT allow participation in a meet if any athlete is not ready to compete "SAFELY". A gymnast may be scratched if she misses practices during this "10 day meet preparation" window of time, and/or if they are not physically fit enough to perform routines safely. The decision to withhold any gymnast from one or multiple events will be communicated directly to the gymnast and her parents should this become necessary. SAFETY FIRST! .

2020-2021 Twisters Competitive Schedule

Xcel Bronze, Silver, Gold, Platinum, & Diamond

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date,” the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

Required, Must Qualify, or Choice	Date	Competition	Location	Entry Fee + Coaches Fee	Total Fees	Charge Date
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
R	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs, FL	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	3/19 - 3/21	Platinum & Diamond State Championships	Bradenton, FL	75 + 89	164	2/19
MQ	4/16 - 4/18	Bronze, Silver, Gold State Championships	Lakeland, FL	75 + 89	164	3/19
C	4/24 - 4/25	FL Crown Championships	Boca Twisters Boca Raton, FL	129 + 59	188	3/2
MQ	4/30 - 5/2	Xcel Region 8 Championships (XS, XG, XP, XD only)	Cartersville, GA	Stand Alone	TBD	Post Event
R		General Fund Support **Mandatory**		XB & XS = \$95 XG, XP, XD = \$115		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals Championships) are eligible for travel fund subsidy.

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.

2020–2021 Twisters Competitive Schedule Level 6

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

<u>Required, Must Qualify, or Choice</u>	<u>Date</u>	<u>Competition</u>	<u>Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
R	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs City Gym	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	4/9 - 4/11	State Championships	Coral Springs, FL	90 + 79	169	3/12
MQ	4/23 - 4/25	Regional Championships	Greensboro, NC	TBD	TBD	Post Event
R		General Fund Support **Mandatory**		Level 6’s = \$115		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals Championships) are eligible for travel fund subsidy.

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.

2020–2021 Twisters Competitive Schedule

Level 7

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

<u>Required, Must Qualify, or Choice</u>	<u>Date</u>	<u>Competition</u>	<u>Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
C	1/15-1/17	Coaches Spectacular *Note Below	Cincinnati, OH	140 + TBD Stand Alone	TBD	Post Event
R	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs City Gym	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	3/19 - 3/21	State Championships	Bradenton, FL	90 + 89	179	2/19
MQ	4/23 - 4/25	Region 8 Championships	Greensboro, NC	Stand Alone	TBD	Post Event
R		General Fund Support **Mandatory**		Level 7's = \$115		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals Championships) are eligible for travel fund subsidy.

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.

*The Coaches Spectacular meet in Northern Kentucky (across the river from Cincinnati), which is also a Nastica Cup Qualifier for the Level 10's, is being offered as a “flying trip” to the girls at this level. Please see the information concerning the 3-step process for entering and going to this competition. To be cost effective, there must be a minimum of 5 girls selecting this competition.

2020–2021 Twisters Competitive Schedule Level 8

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

<u>Required, Must Qualify, or Choice</u>	<u>Date</u>	<u>Competition</u>	<u>Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
C	1/15-1/17	Coaches Spectacular *Note Below	Cincinnati, OH	140 + TBD Stand Alone	TBD	Post Event
R	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs City Gym	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	3/26 - 3/28	FL State Championships	Orlando, FL	90 + 89	179	2/26
MQ	4/23-4/25	Region 8 Championships	Greensboro, NC	Stand Alone	TBD	Post Event
R		General Fund Support **Mandatory**		Level 8’s = \$155		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals Championships) are eligible for travel fund subsidy.

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.

*The Coaches Spectacular meet in Northern Kentucky (across the river from Cincinnati), which is also a Nastica Cup Qualifier for the Level 10’s, is being offered as a “flying trip” to the girls at this level. Please see the information concerning the 3-step process for entering and going to this competition. To be cost effective, there must be a minimum of 5 girls selecting this competition.

2020–2021 Twisters Competitive Schedule Level 9

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

<u>Required, Must Qualify, or Choice</u>	<u>Date</u>	<u>Competition</u>	<u>Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
C	1/15 – 1/17	Coaches Spectacular (Nastia Qualifier)	Cincinnati, OH	140 + TBD Stand Alone	TBD	Post Event
R	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs City Gym	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	3/26 - 3/28	FL State Championships	Orlando, FL	90 + 89	179	2/26
MQ	4/16 - 4/18	Region 8 Championships	Bradenton, FL	Stand Alone	TBD	Post Event
MQ	5/7 - 5/9	L9 Eastern National Championships	Battle Creek, MI or Daytona Beach	Stand Alone	TBD	Post Event
R		General Fund Support **Mandatory**		Level 9’s = \$155		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals, National Championships) are eligible for travel fund subsidy

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.

2020–2021 Twisters Competitive Schedule Level 10

NOTE: Twister Meet Entry Policy

ALL Twister athletes will be entered in ALL the listed meets for her level. Ten (10) days prior to each individual meet “charge date”, the team manager (Elayne Anderson) will send out an email about the upcoming competition. You will then have one (1) week to “opt out” from the competition with no penalty or billing to your account. Three (3) days prior to the meet deadline, Twisters will send in the official club entry & club check – from that point on it is “out of our hands” and we cannot get a refund. Once the check is sent, we must wait to be notified of our assigned days and times of competition (usually 7-10 days prior to competition).

<u>Required, Must Qualify, or Choice</u>	<u>Date</u>	<u>Competition</u>	<u>Location</u>	<u>Entry Fee + Coaches Fee</u>	<u>Total Fees</u>	<u>Charge Date</u>
R	12/19	“Meet the Team” In-House Competition	American Twisters	65 + 34	99	Post Event
R	1/9	In-House College Challenge Meet	American Twisters	65 + 34	99	Post Event
C	1/15 – 1/17	Coaches Spectacular (Nastia Qualifier)	Cincinnati, OH	140 + TBD Stand Alone	TBD	Post Event
C	1/22 – 1/24	Sand Dollar Inv. (Nastia Qualifier)	Orlando, FL	150 + TBD Stand Alone	TBD	Post Event
R For those who did not go to Nastia’s	1/29 - 1/31	Sun & Surf Spectacular	Coral Springs City Gym	155 + 59	214	11/9
C	2/12 - 2/15	Presidential Classic (Nastia Qualifier)	Disney Wide World of Sports	165 + 79	244	10/27
R	3/5 - 3/7	Tim Rand Invitational	West Palm Beach Convention Center	165 + 79	244	12/15
MQ	3/26 - 3/28	FL State Championships	Orlando, FL	90 + 89	179	2/26
MQ	4/16 - 4/18	Region 8 Championships	Bradenton, FL	Stand Alone	TBD	Post Event
MQ	5/14 - 5/16	L10 National Championships	Tacoma, WA	Stand Alone	TBD	Post Event
R		General Fund Support **Mandatory**		Level 10’s = \$155		11/11/20

** Stand alone meet expenses will be divided between the Twister gymnasts that attend. “Qualifying Events” (Regionals, National Championships) are eligible for travel fund subsidy

Please note: all competitors travel arrangements, meals, hotels, etc. for these competitions are booked by the parents. Gymnasts who participate in travel meets must be accompanied by their parent/guardian or w/ friend, who will meet up with the coaching staff at the meet site the day of competition. Coaches are responsible for supervision at the meet site only, and only during practice and competition times. Coaches costs will be split by the participating families.